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AAA - ALCOHICS ANONYMOUS
Alcoholics Anonymous District 12
Eastern Area of Missouri
Answering Service 573-442-4424
http://d12aa.org
Helping alcoholics recover from their disease.
Location: Mexico Area Recovery Center (MARC)

AMERICAN RED CROSS
Heart of Missouri Chapter, Jefferson City
Executive Director, Dave Griffith 573-635-1132
Local fires call 911, Dispatcher will call Red Cross
Health and Safety - 1-800-RED CROSS (1-800-733-2767) , option 3
Schedule of available classes: 1 800 Red Cross
Schedule class for organizations – Kelly Peery 314-516-2727
Media and Speaking Engagements – Dave Griffith 573-635-1132
Services to Armed Forces 1-877-272-7337
Blood Services – Amanda Schlottach – 573-489-2383
www.redcross-midmo.org
Provides disaster relief, Services to the Armed Forces, and Health & Safety Training

AMREIN, MARIE, PLPC
212 West Jackson St., Mexico MO 65265
573-253-9590, marie-amrein.com
Services for children, youth and adults. General counseling issues, such as victims of crime, abuse victims, life transition issues adolescent and women’s issues, relationship issues, and trauma recovery. Christian/Biblical counseling also available. Low cash fees based on a sliding scale.

ARTHUR CENTER (East Central Mo. Behavioral Health Services, Inc.)
321 West Promenade, Mexico, MO 65265
573-582-1234 Fax number: 573-582-1212
ACI crisis line: 1-800-833-2064

Terry Mackey, President, tmackey@arthurcenter.com

AUDRAIN CANCER SOCIETY
Community Information Center
JB & Greeta B. Arthur Cancer Center
573-582-8800 Contact: Kim Bull
kabull@audrainmedicalcenter.com
Provides information, resources and guidance for those diagnosed with cancer and/or their loved ones. Provides broad base of health information for the community.

AUDRAIN COUNTY HEALTH DEPARTMENT (ACHD)
1130 S. Elmwood
P.O. Box 957, Mexico MO 65265
www.audraincountyhealth.org
Public Health Services & Environmental Public Health, 573-581-1332
Home Health and Hospice, 573-581-6060
Kevin W. Lowrance, Administrator
Public Health Services Provides Women, Infant, Children (WIC) supplemental food program, Maternal Child Health program, Family Planning clinics, Blood Pressure screening. Immunization program, Health Education and Health Promotion activities, Foot clinic, Communicable Disease Surveillance and Planning, Birth & Death certificates, Environmental Public Health services, Disaster & Emergency Response, Communicable Disease Surveillance & Investigation, Home Health and Hospice Services to Audrain and adjoining counties. Grief support group offered 2nd Tuesday of each month.

AUDRAIN COUNTY AARP
(American Association of Retired People)
Contact Dave Buhr, 573-581-4527 for
information about the local AARP chapter.
www.aarp.org
A nonprofit membership organization of persons 50 & older dedicated to addressing their needs/interests.

AUDRAN COUNTY AMBULANCE DISTRICT
Kevin M. Payne, Chief
573-581-1722, Fax 573-581-1724
kpayne@audrainambulance.com

AUDRAN COUNTY AREA LITERACY COUNCIL
620 E. Monroe, #142, Mexico, MO 65265
573-581-6600, Contact: Beth Lower
LEAVE A MESSAGE or
Email: elower@sbcglobal.net
Members of the Council teach reading and writing through private tutoring. This service is without cost to the participant (funded by the United Way). Members teach English as a second language (ESL).

AUDRAN COUNTY CARE COORDINATOR
Central Missouri Area Agency on Aging
1121 Bus. Loop 70 East. Suite 2A
Columbia, MO. 65201
Carol Senor, Care Coordinator- Audrain County
606 Park St., Mexico, MO 65265, 573-581-7678
Provides assistance to enable individuals to be able to live independently at home. Services include: home delivered meals, respite care, in-home care, transportation, legal services, companionship, telephone reassurance, sign-up for eligible benefits, referrals to other helping organizations and programs, as well as property tax credits volunteers. The program serves those are 60 years old and older, who are homebound and isolated, or are care givers who are caring for a senior at home.

AUDRAN COUNTY CRISIS INTERVENTION SERVICES (ACCIS)
P.O. Box 181, Mexico, MO 65265
Office: 573-581-3835
Crisis Hotline: 573-581-2280
Toll Free Crisis Hotline 1-800-246-2280
mccameyhouse@yahoo.com
Sherry Levin, Director
The program provides crisis assistance and pre-crisis intervention services to avoid or circumvent violent situations.

AUDRAN COUNTY CHILDREN’S DIVISION
4690 South Clark, PO Box 129
Mexico, MO 65265
573-581-3312, Fax 573-581-8001
Kelly Kuda, MSW, Children’s Division, 12th Circuit Manager
Lori Masek, Supervisor Children’s Division
http://www.dss.mo.gov/cd/office/audrain.htm
Child Protective Services (CPS) is a mandated program for the protection of all children in the state alleged to be abused and neglected. The CPS receives, screens and investigates allegation of child abuse and neglect, performs assessments of child safety, assesses the imminent risk of harm to the children and evaluates conditions that support or refute the alleged abuse or neglect and need for emergency intervention. It also provides services designed to stabilize a family in crisis and to preserve the family by reducing safety and risk factors. This program provides an array of prevention, intervention and treatment services including:
• operating a single, statewide toll-free telephone number for receiving child abuse/neglect (CA/N) reports;
• conducting CA/N investigation, family assessment and preventive services screenings;
• providing newborn crisis assessment and services;
• providing background screening checks on current or prospective employees and volunteers for children/youth serving agencies;
• Healthy Children and Youth Program;
• preventive and protective child care services; and
• Family Centered Services.

AUDRAN COUNTY EMERGENCY MANAGEMENT AGENCY
101 N. Jefferson St., Mexico, MO 65265
573-473-5892, Fax 573-581-2380
Steven B. Shaw, Director
Disaster Preparedness/Recovery Training for county, city/town, business, school, home, private citizens and organizations. Assist in planning, mitigation, response, and recovery utilizing an “all hazards approach” incident command system instruction. Identification of safe areas in businesses, churches, homes, etc. Review of facility emergency operation plans. Large Scale disaster/special event planning and operations.
AUDRAIN COUNTY FAMILY SUPPORT DIVISION
4690 South Clark
P.O. Box 129
Mexico, MO. 65265
Ann Bennett, Customer Service Specialist
573-581-3312
The Family Support Division is a state-administered agency responsible by law for administration of the programs and services. The FSD administers various federal and state assistance programs for the elderly, disabled, and low-income families. These programs include: Breast or Cervical Cancer Treatment, Medical Assistance, Blind Pension, Child Care, December 1973 Eligibility Requirements, Family Healthcare, Food Stamps, General Info, Medical Assistance for the Aged, Blind, and Disabled, Refugee Assistance, Supplemental Aid to the Blind, Supplemental Nursing Care, Supplemental Payments, Temporary Assistance/Case Management.

AUDRAIN COUNTY DRUG COURT
101 N. Jefferson St. Rm. 205
Mexico, MO  65265
Contact: 12th Circuit Court
573-473-5845
Convicted substance abusers can be court appointed to the program if judge sees it appropriate. The program works on a personal basis with the offender to get them clean and remaining clean. Appointed officer will do urine sampling, home visits and other contacts during the time of referral. Sentence can be vacated and a clean record can be had with successful completion of the process.

AUDRAIN COUNTY JOINT COMMUNICATIONS
1854 E. Liberty
Mexico, MO. 65265
573-473-5800
Christina Hardin, E 9-1-1, Director
Email: chardin@audrain911.org
Joint Communications is responsible for handling incoming and outgoing communications from the public for assistance from law enforcement, fire and medical entities throughout the City of Mexico and Audrain County. It is specifically responsible for incoming telephone 9-1-1 emergency requests and dispatching via radio or other means the appropriate responding entities; receiving other non-emergency telephone requests for assistance and dispatching, routing or messaging those calls to the correct entity; entering information into and inquiring from, the MULES/NCIC crime database; maintaining a detailed computerized log of requests received and dispatched; and keeping current on city and county geography so that members may assist responding entities in location addresses.

AUDRAIN COUNTY JUVENILE COURT SERVICES, 12th CIRCUIT
101 N. Jefferson, Room 303
Mexico, MO. 65265
573-473-5880
Bruce McKinnon, Chief Juvenile Officer
Provides for the care, protection and rehabilitation of children 17 years and younger in Audrain, Montgomery and Warren Counties. A jurisdictional agency mandated by Mo State RSMo 211. Deals with abused neglected, dependent, delinquent, and status offender youth and their families. Also deals with criminal investigations, probation, placement of children in foster care, institutions, court hearings, restitution, and community service programs etc.

AUDRAIN HABITAT FOR HUMANITY
P.O. Box 835
Mexico, MO  65265
Contact: Mexico Area Chamber of Commerce
573-581-2765
Email: info@audrainhabitat.org with any questions
Website: AudrainHabitat.org
Habitat for Humanity is a nonprofit, ecumenical Christian housing ministry that works in partnership with people in need to improve the conditions in which they live. Habitat challenges people of compassion to provide the initial capital, through gifts and no-interest loans, to build or renovate simple, decent homes for the inadequately sheltered. Houses are sold at no-profit, with no-interest mortgages repaid over a 15 to 25 year period. The house payments are recycled to build more houses through a local Fund for Humanity.

AUDRAIN DEVELOPMENTAL DISABILITY SERVICES
222 East Jackson
Mexico, MO. 65265
573-581-8210
Fax 573-581-5204
Tim Crews Ex. Director
timcrews@sbcglobal.net
Services Provided:
Residential Programs, Group Homes, ISL’s Semi-Independent Apartment Living Community Services, Personal Assistance Independent Living Services, Natural Home Supports
Developmental Training Center (Day Program)
Audrain County Supported Employment Services
Transportation Services
Advocacy and Referral, Family Support
"Eligibility for services determined by the Missouri Department of Mental Health - Division of MR/DD."

**Programs of Audrain Developmental Disability Services**

**Developmental Training Center**
807A West Breckenridge
Mexico, MO. 65265
573-581-8454
Angela Littrell, Director of Developmental Training Center

**Audrain County Supported Employment Services**
1401 West Breckenridge
Mexico, MO. 65265
573-581-2613
Lisa Wieman, Director of Supported Employment Services

**Community Services Program**
1001 Fieldcrest
Mexico, MO. 65265
573-581-9810
Charlotte Rudd, Coordinator of Community Services

**Harvey House, Group Home**
1402 West Breckenridge
Mexico, MO. 65265
573-581-3213
Judy Horton, Coordinator or Harvey House and Natural Home Services

**Breckenridge Heights Group Home**
1401 West Breckenridge
Mexico, MO. 65265
573-581-2613
Lisa Wieman, Coordinator of Residential Services

**C.T. Loyd Apartment Living**
1416 West Breckenridge, 573-581-0500
Mexico, MO. 65265
Darlene Walsh, Coordinator of Residential Services

**AUDRAIN MEDICAL CENTER**

**AUDRAIN MEDICAL CENTER AUXILIARY**
620 East Monroe
Mexico, MO. 65265
573-582-5000
David A. Neuendorf, President/CEO
www.audrainmedicalcenter.com

Audrain Medical Center provides a range of care that includes a 24-hour emergency center; acute inpatient care for medical, surgical, pediatric, and obstetric needs; physician clinics (MedChoice) and a comprehensive ambulatory services unit serving the special needs of outpatients scheduled for same day surgery. In addition to primary care, AMC provides a broad spectrum of specialty care services encompassing: advanced medical imaging technologies (MRI, CT, PET and nuclear medicine imaging, cardiac catheterization, special procedures angiography, echocardiography, mammography and ultrasound), obstetrics, gynecology, general surgery, family medicine, internal medicine, otolaryngology, pediatrics, hematology, vascular surgery, gastroenterology, geriatrics, psychiatry, orthopedics, thoracic surgery, ophthalmology, neurology and urology. Oncology services including cancer screening, Health & Wellness Services, chemotherapy and radiation therapy are available at the J.B. & Greeta B. Arthur Cancer Center. Healthworks is an outpatient physical rehabilitation center for occupational medicine, physical therapy, sports medicine, speech therapy and occupational therapy. The Jordan-Waters Heart Center, located on the third floor of AMC, offers cardiac and pulmonary services in one location to best serve patients. The Audrain Medical Center medical staff includes 84 professionals specializing in numerous fields of medicine. AMC physicians are board certified at a rate of 82%. Audrain Medical Center is a not-for-profit 501(c)(3) corporation with the mission “to care for the sick and injured and to continuously improve the health and well-being of the communities we serve, in partnership with physicians, healthcare providers, and residents.” This health care facility, including emergency services, does not discriminate against patients because of race, creed, color, national origin, disability, age, or income.
BIG BROTHERS BIG SISTERS of CENTRAL MISSOURI
P.O. Box 842
Mexico, MO  65265
573-473-8018
Contact:  Lori Pratt, Program Coordinator
Lori.pratt@bigsofcentralmo.org
Big Brothers Big Sisters is a matching up of friends. Every Big Brother and Big Sister is a volunteer. They are not paid to spend time with a child; they do it because they want to help a child. As a service for youth, Big Brothers Big Sisters is unique. While the relationship between the volunteer and the child is a direct and individual one, backing it up is a social service professional. Big Brothers Big Sisters of Central Missouri currently serves the counties of Boone and Audrain. Right now there are over 150 children waiting to be matched with Big Brothers or Big Sisters.

BOY SCOUTS OF AMERICA
Great Rivers Council
1203 Fay Street,
Columbia, MO. 65201
573-449-2561or 800-726-8852
Contact:  Doug Callahan, Scout Executive
Robert Townsend, District Executive
rtowsen@bsamail.org
660-676-3088
TIGER CUBS – first grade boys and their parents. Home centered, family activities
CUB SCOUTS – second through fifth grade boys. Family oriented, teaching basic fitness and character skills.
BOY SCOUTS – Sixth grade through high school boys. Outdoor and community oriented. Leadership and decision making skills.
EXPLORERS – high school age men and women. Often career oriented.

HCY - provides services to Missouri Medicaid eligible infants, children and youth. Through service coordination participants may receive information about HCY program, referrals to a medical care home for periodic screenings and ongoing medical care, and assessment to assure the adequacy of medical care and services provided through Medicaid.
Columbia Area Office
1500 Vandiver Dr, Suite 112, Columbia, MO 65202
573-882-9861
Rhonda.H.Smith@health.mo.gov
Contact: Rhonda Smith

Children and Youth with Special Health Care Needs – provides early identification and health services for participants birth to age 21, who have been determined financially and medically eligible.
Saline County Health Department
1825 S. Atchison Ave.
Marshall, MO  65340
660-886-9091 or 660-815-2176
Contact: Kara Dameron, damerk@lpha.mopublic.org

Ralls County Health Department
405 West First
P.O. Box 434
New London, MO. 63459
573-985-7121
573-985-1531 Fax
curtill1@lpha.dhss.mo.gov
Contact: Lisa Curtis
Programs for Adults (over 21 years of age)
Traumatic Brain Injury – provides coordinated services and assistance to individuals who have sustained a traumatic brain injury.

Bureau of Genetics & Healthy Children
MODHSS
573-751-6266
nancy.althouse-hill@health.mo.gov
Contact: Nancy Althouse-Hill
Program for adults. (Over the age of 21.)
Metabolic Formula Distribution – provides dietary formula to individuals with phenylketonuria (PKU) and maple sugar urine disease (MSUD).
Cystic Fibrosis – provides early identification and health services through specialized treatment center and clinics.
Hemophilia – coordinated educational, vocational and other comprehensive services.
Sickle Cell Anemia – promotes and provides screening and testing services. Referral is made to treatment centers for care and counseling services.
CLERVI, LISA
717 E. Monroe, Suite 1
Mexico, MO 65265
573-321-6260 (Office)
573-581-1212 (Fax)
Crisis # 1-800-833-2064
Individual and family therapy. Psychological assessments. Will take most insurance plans as well as Medicaid and Medicare. Payment based upon a sliding scale for those without insurance.

CHILDRENS THERAPY AND EARLY EDUCATION SCHOOL (CT School)
P.O. Box 954
Mexico, MO. 65265
573-581-2793
Linda Huffman, Director
tschool@sbcglobal.net
Pre-school, O.T., P.T., speech therapy, behavior management for developmentally delayed or disabled children 0-6 years

CENTRAL MO COMMUNITY ACTION (CMCA) – Audrain County Family Resource Center
3626B South Clark
Mexico, MO. 65265
573-582-7864
573-582-7910 Fax
www.showmeaction.org
Thomas A. Dobyns II – Community Organizer, Audrain/Callaway, Tad-Dobyns@showmeaction.org
Kelly Pontius – Family Development Supervisor, Audrain/Callaway,
Kellie-Pontius@showmeaction.org
Mary Rohrbach – Family Development Specialist Mary-Rohrbach@showmeaction.org

CLAIM – Medicare & Insurance Counseling Program
200 N. Keene Street, Suite 101
Columbia, MO 65201
800-390-3330 ext. 280
573-817-8320
573-817-8341 Fax
sdailey@primaris.org
Sandy Dailey – Outreach Trainer
www.missouriclaim.org
Provides FREE, confidential and unbiased health insurance counseling to Medicare enrollees.

COMPASS PREVENTION
117 N. Garth Avenue
Columbia, MO 65203
Phone: 573-442-2591, Fax 573-875-6607
Program Director: Linda Frost
Local Rep: Brittany Russell, brussell@fccmo.org
“Serves the Missouri Division of Alcohol and Drug Abuse Regional Support Center covering a 20 county area in mid-Missouri. Services are provided to grassroots teams and established coalitions working to prevent substance abuse in local communities and their schools. We provide training and technical assistance to empower our communities to accurately assess their prevention needs, to develop their goals, and to implement effective action plans to address substance abuse in their communities.”

COMPASSUS
3050 I-70 Dr. SE
Columbia, MO 65201
573-443-8360
Deron Wider, Palliative Care Consultant deron.widmer@hospicecom.com
www.hospicecom.com
During end of life, our team of doctors, pharmacists, nurses, certified nursing assistants, aides, chaplains, bereavement staff, social workers and non-medical volunteers are there for you and your family. Hospice care is designed to help you live until you die in a way that is comfortable and pain-free. We help enhance your life and that of your family through care, which meets physical, emotional, spiritual and social needs.

COMPREHENSIVE HEALTH SYSTEMS INC.
4901 County Road 304, PO Box 757
Fulton, MO 65251
573-642-3600
tcollinschs@socket.net
Terry Collins, Program Director
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Community-based psychiatric rehabilitation program for people with serious mental illness. The primary focus is to provide assistance in home and health management while avoiding in-patient hospitalization.

The Division of Youth Services (DYS) is the state agency charged with the care and treatment of delinquent youth committed to its custody by one of the 45 Missouri juvenile courts. DYS programs are established to provide the mandated services enumerated in Chapter 219.016 in the Revised Statutes of the state of Missouri. These services include assessment, care and treatment, and education of all youth committed to its care.

**DAVIS H. HART CAREER CENTER**

905 North Wade
Mexico, MO 65265
573-581-5684
Chris Denham, Director
cdenham@mexicok12.mo.us

www.hartcareercenter.org
Provides training, counseling, placement and comprehensive vocational assessment for individuals in business, vocational and technical careers.

**DIVISION OF HEALTH & SENIOR SERVICES AND DIVISION OF SENIOR & DISABILITY SERVICES**

1500 Vandiver Suite 102
Columbia, MO 65202
573-882-5190
Fax 573-884-4884
1-800-392-0210 Abuse Hot Line

Most ill or disabled older Missourians can remain in their own homes and avoid or delay institutionalization with the help of support services. The Division of Senior and Disability Services administers a coordinated, integrated home and community service delivery system to assure that the needs of Missouri's elderly and persons with disabilities are met.

**DIVISION OF YOUTH SERVICES**

(N.E. Community Treatment Center)

710 South Clark
Mexico, MO 65265
573-581-6893
Contact: Ursula Smith, Facility Manager
Ursula.smith@dfs.mo.gov

Experience Works is a national, nonprofit organization that helps seniors get the training they need to find good jobs in their local communities. Established as Green Thumb in 1965 and renamed in 2002, Experience Works provides services at no cost to seniors age 55 and older who meet income guidelines, are unemployed and interested in gaining job skills to assist them in finding employment. Seniors are given an opportunity to update their job skills through paid, on-the-job training assignments in public and nonprofit agencies, referred to as Host Agencies. The on-the-job training provides a valuable community service to the nonprofit and public agencies as well. Training wages are paid by Experience Works. The paid training is intended to be short term and a stepping-stone to help older workers find permanent jobs.

Experience Works operates the largest Senior Community Service Employment Program (SCSEP) in the country and impacts more than 50,000 people in 30 states and Puerto Rico every year. The SCSEP, funded by the U.S. Department of Labor, enables Experience Works to: Reach out to seniors who are
most in need, increase the services of local community organizations; provide computer and other basic skills training, teach much-needed job search skills; and build older workers' confidence and self-esteem.

FEDERALLY QUALIFIED HEALTH CENTER- FAMILY HEALTH CENTER
1001 W. Worley, Columbia, MO 573-214-2314

FAMILY COUNSELING CENTER OF MO, Inc.
117 North Garth
Columbia, MO 65203
1-573-443-2204
info@fccmo.org, www.fccmo.org
Family Counseling Center's community-based network of programs has been serving individuals and families throughout mid-Missouri since 1972. As a not-for-profit mental health service organization, FCC offers residential treatment, outpatient services and community prevention programs.

FAMILY FACETS
P.O. Box 1662, Columbia 65205
573-886-7422 Bs. Office
573-814-1557 Fax, 877-215-7155, toll free fax
FamilyFacets@FamilyFacets.com
Family Facets provides Intensive In-home Services, Family Reunification Services, Foster Care-Adoption Resources services, Family Centered Services Training, Training & Development Services for HS and IFRS, and Supplemental Children’s Treatment Services to the Missouri Children’s Division and to private vendors. Family Facets’ overriding goal is the protection of children through the enhancement of family capabilities. Safety of all family members is the concern of Family Facets; however, safety of the child is the primary consideration.
Family Facets is committed to the belief that the best place for a child to grow up is in a family. All children should be safe from abuse and neglect. Child safety includes protecting children from harm, preventing further abuse/neglect, and reducing the risks to their safety or well-being.

FOUR SEASONS IN-HOME SERVICES, LLC
1603 E. Ohio St, Clinton, MO 64735
1-866-746-2600 1-877-890-2130
Theresa Evans, Executive Director
Melinda Neal, Marketing Director
Provides quality care for all individuals who wish to remain in the comfort of their own home. Includes services available to Medicaid recipients, Veterans and/or their spouses, private pay, private insurance, Bureau of Special Health Care Needs, HCY Program, Physical Disabilities waivered services and Department of Mental Health. Provides personal care, housekeeping meal prep/planning, respite/companionship, advanced personal care and nurse visits. Ask for Melinda to schedule a personal assessment or for any questions.

FIRST STEPS OF NORTHEAST MO
Dahlberg Group, LLC
2416 South Franklin St., Suite C
Kirksville, MO 63501
660-665-8860
Michelle Easley, SPOE Director
dahlberg_3@yahoo.com
Goal is to make sure that families have the necessary supports, services, and resources that they need to raise healthy, happy and successful children. First Steps works with Missouri families of children age birth to three by ensuring that coordinated services are provided as conveniently as possible.

GIRL SCOUTS OF THE MISSOURI HEARTLAND
230 Metro Drive
Jefferson City, MO. 65109
877-312-4764
800-707-1917
www.girlscoutsmoheartland.org
Daisy Girl Scouts – a program for girls in kindergarten and first grade.
Brownie Girl Scouts – Second through third grade girls.
Junior Girl Scouts – for girls in grades 4th thru 5th.
Cadette – Sixth through eighth grade.
Girl Scout Senior – Grades nine and ten.
Girl Scout Ambassador – Grades eleven and twelve.

GRO -GRASS ROOTS ORGANIZING
304 E. Breckenridge, Mexico, MO 65265
573-581-9595, 573-443-4476 - Columbia
Toll Free – 1-877-581-9595
Contact: Robin Acree, Executive Director
www.gromo.org, Facebook.com/gromo
Non-profit organization advocating for economic justice and human rights.

HANDI-SHOP, INCORPORATED
508 East Liberty
Mexico, MO. 65265
573-581-1191
573-581-0966 Fax
www.handishop.com
Provides employment for mentally retarded, mentally ill and/or developmentally disabled adults. Assembly work manufacturing and recycling in an industrial atmosphere. Certification from Vocational Rehabilitation is required. Transportation available and services the Audrain County area.

HANNIBAL REGIONAL CENTER
805 Clinic Road, P.O. Box 1108
Hannibal, MO. 63401
573-248-2400
573-248-2408 Fax
Contact: Lois Warren, Director
Lois.warren@dmh.mo.gov
This is a community-based service provided by the Hannibal Regional Center to make accessibility of services more convenient for families in the area. Case managers serving this area work closely with the individual and family to provide information and seek needed services in the community. The case manager also advocates for the person as well as monitors the frequency and quality of services that are obtained. Serves persons who have or are suspected to have a developmental disability. Costs are based on ability to pay. Insurance, Medicaid or other benefits can be applied to the costs. There is no charge to the individual or family for application nor are any evaluations and tests necessary to determine eligibility. Serves the Audrain County as part of their 8 county region.

HEAD START – CMCA – Williams
Family Support Center
801 E. Breckenridge, Mexico, MO. 65265
573-581-6806, Fax 573-582-7587
www.showmeaction.org
Patricia-Voshell@showmeaction.org
Patricia (Patty) Voshell – Team Leader
Head Start is a National Child Development program that serves income-eligible families, prenatal women and children birth to age 5 years.

HEAD START – CMCA – Community R-6 Child and Family Development Center (Laddonia)
35063 Hwy BB, Laddonia, MO 63352
573-373-2331, 573-492-6223 Fax 573-492-6268
www.showmeaction.org
Tori-Sims@showmeaction.org
Tori Sims – Team Leader
Head start is a National Child Development program that serves income-eligible families, prenatal women and children birth to age 5 years.

HEALTH CARE USA
Regional Office
2420 Hyde Park Road, Suite B
Jefferson City, MO. 65109
Members 800-566-6444
General 800-625-7602
573-761-7380 Fax
Renee Hendrickson, Community Development
rxhendrickson@cvty.com
Health Care USA is a Medicaid HMO that participates in MO HealthNet managed care program. Members may receive medical necessary services including primary, acute and preventive care, hospital care, physical, occupational and speech therapy, dental, vision, hearing, prescriptions, transportation, behavioral health, lab, X-ray and other needed services. Dependent upon eligibility.

HELP CENTER
716 East Breckenridge
Mexico, MO. 65265
573-581-3238
Contact: Gary Jones
mexicohelpcenter@gmail.com
Thrift Shop Hours: 9 a.m. to 3 p.m. Mon. - Fri.
Food Distribution: 1st, 3rd, and 5th Wednesday
9 a.m. – noon.
Food and emergency assistance also available.

Directory of Health and Human Services
INTEGRITY HOME CARE
409 Vandiver Ste. 6-203
Columbia, MO 65202
www.integrityhc.com
800-641-1125
573-499-1125
Erin Lampkin, ED of Business Development
Home Care services such as skilled nursing, personal care, transportation, Integrity Lifeline, homemaker, shopping and errands, bath assistance, medication assistance, respite care, therapy services, special needs pediatrics, private duty nursing and Consumer Directed Services.

CITY OF MEXICO
300 N. Coal St
Mexico, Missouri
573-581-2100
Fax 573-581-2236
Barbara Pickering, Community Outreach Coord.

MEXICO/HANNIBAL COUNCIL – HCADA - MEXICO
201 E. Monroe, Suite 103
Mexico, MO. 65265
1-800-498-5396
Lisa Horner, Program Director
Outpatient services include services for individuals and families. Substance abuse treatment on outpatient basis. Provide SA-TOP (Substance abuse traffic offender program).

MEXICO AREA FAMILY YMCA
1127 Adams Street
Mexico, MO. 65265
573-581-1540
Sherry Medley, Ex. Director
Email: mexicoymca@ktis.net
Serves all ages. Program services include: fitness, education recreation, and health maintenance, all with character building dimensions. In addition, YMCA programs offer opportunities for leadership identification, training and development for youth and adults. YMCA membership and program participation is open to all persons without regard to race, creed, sex or age. Subsidized and sponsored memberships are available. Programs available: day care/preschool programs; fitness and wellness activities and sports leagues and instruction classes, youth and adult. The YMCA is a neighborhood/civic organization which stresses services to the local and world community.

MEXICO EDUCATION CENTER
Hart Career Center
905 N. Wade
Mexico, MO 65265
573-581-3773 ext. 2416
cdenham@mexico.k12.mo.us
Mr. Chris Denham, Director of Student Services
A new alternative educational setting in the Mexico School District created to better serve students in a non-traditional program of academic instruction. Students may apply for admission anytime and are interviewed and selected on an individual basis. Students are required to attend a three hour instructional session daily with no more than three absences. Employment or volunteer work is also expected. Sessions operate from 8 am -11 am or 11:30 am – 2:30 pm. The instructional program uses on-line classes along with service learning and life skills educational experiences. There is a student/teacher ratio of 10 to 1 for close collaboration and student support.

MEXICO HOUSING AUTHORITY
828 Garfield Avenue, P.O. Box 484
Mexico, MO. 65265
573-581-2294
Fax 573-581-6636
www.mexicoha.com
Edmond Carrera, Exec. Director
The MHA has a total of 211 Public Housing units in the style of duplex apartments with units of ADA compliance and designated elderly, and a total of 133 Section 8 Housing Choice Vouchers. Both programs are provided for low-income families through the funds of Housing and Urban Development. 1-28-08

MEXICO METHODIST COOPERATIVE PRESCHOOL
122 East Promenade
Center is a partnership between community and the
County. It provides magnifiers for the sight impaired. The
Blind provides Missouri Property Tax Credit forms. The Bureau of
nutrition information. Volunteers also help with dance instruction, information a
monthly blood pressure screenings, there is a need.
frozen meals for weekends and in emergencies when
Volunteers deliver meals to homebound elderly
balanced noon meal, activities and socialization.
open 5 days a week, Monday through Friday, from
$3.00 and $6.50 for guests under 60. The Senior Center is
congregate site and homebound throughout
Mexico Senior Center serves persons 60 years of age
and older and spouse regardless of age at our
congregate site and homebound throughout Audrain
County. The suggested donation is $3.00 per meal and
$6.50 for guests under 60. The Senior Center is open 5 days a week, Monday through Friday, from
8:00 am to 4:00 pm, providing a nutritionally
balanced noon meal, activities and socialization.
Volunteers deliver meals to homebound elderly throughout the County. Homebound meals are
offered for 7 days a week, breakfast meals and extra
frozen meals for weekends and in emergencies when
there is a need. At the Senior Center we offer
monthly blood pressure screenings, foot care, educational programs, recreational opportunities
daily, ceramic classes, fun bingo, yoga classes, line
dance instruction, information and referral and
nutrition information. Volunteers also help with the
Missouri Property Tax Credit forms. The Bureau of
the Blind provides us with a Vantage screen and
magnifiers for the sight impaired. The Audrain
County Care Coordinator is housed at the Senior
Center. The nutrition program at the Mexico Senior
Center is a partnership between community and the
Central Missouri Area Agency on Aging to meet the
service needs of senior citizens of Audrain County.

MEXICO PUBLIC SCHOOLS
2101 Lakeview
Mexico, MO. 65265
573-581-3773
Kevin Freeman, Superintendent
Informational, educational and support services for residents beginning at birth to post high school.
Special education and related services for residents age 3-20 years.

MEXICO SENIOR CENTER, INC.
Audrain County Nutrition Program
606 Park
Mexico, MO. 65265
573-581-7743
Sally Crow, Administrator
sallycrow@cmaaa.net
Mexico Senior Center serves persons 60 years of age
and older throughout Audrain County. The suggested donation is $3.00 per meal and
$6.50 for guests under 60. The Senior Center is open 5 days a week, Monday through Friday, from
8:00 am to 4:00 pm, providing a nutritionally
balanced noon meal, activities and socialization.
Volunteers deliver meals to homebound elderly throughout the County. Homebound meals are
offered for 7 days a week, breakfast meals and extra
frozen meals for weekends and in emergencies when
there is a need. At the Senior Center we offer
monthly blood pressure screenings, foot care, educational programs, recreational opportunities
daily, ceramic classes, fun bingo, yoga classes, line
dance instruction, information and referral and
nutrition information. Volunteers also help with the
Missouri Property Tax Credit forms. The Bureau of
the Blind provides us with a Vantage screen and
magnifiers for the sight impaired. The Audrain
County Care Coordinator is housed at the Senior
Center. The nutrition program at the Mexico Senior
Center is a partnership between community and the
Central Missouri Area Agency on Aging to meet the
service needs of senior citizens of Audrain County.

MID-MISSOURI LEGAL SERVICES
205 East Forest Avenue
Columbia, MO 65201
8 a.m. – 5 p.m. Monday –Friday
573-442-0116
800-568-4931
Fax: 573-875-0173
Email: legalaid@mmls.org
Their direct services component provides free legal representation to low income clients in a number of
civil legal problems. They do not provide criminal
defense representation. They handle public benefits, housing, unemployment compensation, family, consumer, education, employment, health and other matters. Serving the counties of Audrain, Boone, Callaway, Chariton, Cole, Cooper, Howard, Miller, Moniteau, Osage, and Randolph Counties.

MISSOURI CAREER CENTER-
Mexico Affiliate Career Center
109 E. Promenade, Mexico, MO 65265
573-581-2661, Fax 573-581-2669
Lisa Dungan – Works with WIA Adult and
dislocated workers.
gammlisad@gmail.com
Irene York – WIA Youth
jyork@aoic.org
www.jobs.mo.gov
Accessibility to resume and applications of job seekers, labor market information. jobs.mo.gov is a labor exchange website provided for placing job orders and reviewing resumes. Website also provides current listing of job careers; users may review and refer themselves. Available interviewing facilities; Re-employment services for Unemployment Insurance Claimants; Job Development and placement; assistance with resume and interviewing; National Career Readiness Certificate, assessments, workshops, resume development assistance, and training. Referral to other agencies and services; Vocational Rehabilitation, Veterans Representative, job skills classes, job counseling, staffing agencies.

MISSOURI CARE HEALTH PLAN
2404 Forum Blvd.
Columbia, MO 65203
Alisha Burger, Marketing/Outreach Coordinator
1-800-322-6027
TDD 1-800-735-2966
www.MissouriCare.com
A managed care health plan that serves 18 counties in central Missouri. 13 counties in Western Missouri and 13 counties in Eastern Missouri. Missouri Care provides coverage for all MO HealthNet Managed Care health programs, including MO HealthNet for Kids, MO HealthNet for Pregnant Women and MO HealthNet for Parents. Missouri Care has a network of more than 7800 health care providers and 72 hospitals to serve you.

MISSOURI REHABILITATION AND EMPLOYMENT GROUP (MORE Group)
Phone 573-635-6621, Fax 573-635-6623
Contact: Susan Roemer, Chris Branch, Mitchell Jenkins
President: Greg Wingert, gregw@moregroup.org
Director MORE Group South: Susan Roemer, susanm@moregroup.org
Non-Profit Organization serving Audrain County residents. Services include: Employment Services and Supported Employment Services for individuals with a disability, referred by State of Missouri Division of Vocational Rehabilitation. Supported Employment Services include: Discovery and Exploration, Job Placement, Job Coaching, and Follow-up and Retention Services. Employment Services include: Job Readiness, Job Development, Job Placement, and Follow-up Retention.

MOLINA HEALTHCARE OF MO
1648 E. Elm St, Suite A
Jefferson City, MO 65105
Office: 800-875-0679
jenny.crader@molinahealthcare.com

NETWORK OF CARE FOR MENTAL HEALTH
http://audrain.mo.networkofcare.org
This web site is a resource for individuals, families and agencies concerned with mental health. It provides information about mental health services, laws, and related news, as well as communication tools and other features.

NORTHEAST COMMUNITY ACTION CORPORATION (NECAC)
16 N. Court St., P.O. 470
Bowling Green, MO 63334
573-324-2231
TDD 1-800-735-2966
Voice 1-800 735-2466
In-Home services 573-324-5062
www.necac.org
North East Community Action Corporation (NECAC) is dedicated to assist the disadvantaged within our 12 county service area in their efforts to rise above poverty by providing needed services to enable each individual to function at his or her own improved financial, physical, mental and social level. NECAC is a not-for-profit Community Action Agency delivering a variety of social service programs to low income elderly, youth, handicapped and disadvantaged individuals and families through grants and contractual agreements with Federal, state, county and local governments, other not-for-profit organizations and private businesses. NECAC is not a government agency.

NORTHEAST COMMUNITY SERVICE AGENCY INC.
Audrain County Courthouse
101 N. Jefferson St, Room B-11.
Mexico, MO 65265
Contact: John Dial, 573-582-77450
ncsa@sbcglobal.net
Designed as a non-profit organization, NCSA has the mission of providing the courts with an additional form of punishment and restitution for juveniles and adult offenders involved in non-violent crimes that will be a positive benefit to the courts system, offenders, and the community. NCSA implements court orders of community service involving a specific number of unpaid hours of work to be performed within a designated period of time.

OPTIONS UNLIMITED
400 East Liberty
Mexico, MO. 65265
573-581-7887, Fax 573-581-1026
Terry Mackey, President
A community psychiatric rehabilitation program, a Division of the Arthur Center, which provides a range of mental health services to persons with a

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chronic mental illness. These community based ambulatory services are designed to maximize independent functioning and promote community adjustment and integration.

**OXFORD HEALTH CARE**
1400 Heriford Road, Suite 104
Columbia, MO 65202
Phone: 573-474-1530, 800-749-6555
Fax 573-474-1539
Email: wecare@oxfordhealthcare.net
Website: [www.oxfordhealthcare.net](http://www.oxfordhealthcare.net)
Hours: 24 hours/day, 7 days/week
Fees: Medicare, Medicaid, private insurance, VA benefits, Worker's Compensation, and private pay.
With one call to Oxford HealthCare you can access services, resources and options available to help keep someone safe and independent at home. Oxford can – assist individuals of all ages who need help to stay at home – help seniors maintain an active lifestyle – provide assistance an peace of mind for caregivers who can not be there all the time – provide follow up care for a person coming home from the hospital – provide one on one care in a hospital/nursing home. Services include nursing care, med supervision IV therapy, home telemonitoring, lifeline medical alert, bathing and personal care, housekeeping and laundry, meal prep, shopping and errands, transportation, companionship, physical, occupational and speech therapy, medical social worker, consumer directed services, community services,

**PARENTS AS TEACHERS**
35063 Hwy BB, Laddonia, MO 63352
573-492-6222

**PARENTS AS TEACHERS**
2122 Audrain Road 557
Vandalia, MO 63382
573-594-2243

**PLANNED PARENTHOOD OF KANSAS AND MID-MISSOURI**
711 North Providence Road
Columbia, MO 65203
573-443-0427
Planned Parenthood of Kansas and Mid-Missouri (PPKM) is committed to providing confidential, affordable reproductive health care to all individuals, regardless of their ability to pay. Our medical staff includes board certified OB/GYN physicians and nurse practitioners. Nurse practitioners are registered nurses with advanced training in a specialty area, including women's health and family. Our nurse practitioners collaborate with physicians to provide reproductive health care, perform examinations and diagnose and treat infections. Your privacy is an important priority at Planned Parenthood. Information discussed with our staff and all medical records are completely confidential, regardless of the patient's age.

**PREMIER HOME HEALTH CARE**
207 E. Jackson St.
Mexico, MO 65265
Phone: 573-581-9474
Christina Davis, R.N., Regional Manager
premierhhc@gmail.com
www.premierhomehealth.com
Provides from 1 hour a day to 24 hours a day of services to keep your loved one home. Their services include nursing care, live-in companion care, homemaker chore services, personal care services, and respite care.

**PREVENTION RESOURCE CENTER**
(See Compass Prevention)

**PROBATION AND PAROLE**
2800 Cardinal Dr., Fulton, MO 65251
573-592-4061 Ext. 232, Fax 573-592-4067
Mexico Office 573-581-4112
888-869-3195 Emergency Phone
Valerie Swaim, P&P Officer

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Assist ex-offenders to adjust to life in a free community and to prevent future criminal acts. These officers work towards returning law offenders to useful, productive lives. The offenders may be on probation or parole depending on their legal status.

REHABILITATION SERVICES FOR THE BLIND, MID-MISSOURI DIST.
3418 Knipp Drive, Suite A-2
Jefferson City, MO 65109
Mailing address – P.O. Box 919
Jefferson City, MO 65102
573-751-2714, 800-592-6004, Ext 2
573-526-4526 Fax
Contact: Jim Brinkmann, District Supervisor
Rehabilitation Services for the Blind (RSB) provides services to people with varying degrees of visual impairment, ranging from those who cannot read regular print to those who are totally blind. Services are provided on the premise that with adequate preparation and reasonable accommodation, each blind or visually impaired person will be able to achieve his or her maximum potential in the home and community, in educational settings, and in employment. Services are provided through the following various programs.

SALVATION ARMY – SEE HELP CENTER
716 East Breckenridge (Help Center)
Mexico, MO. 65265, 573-581-3238
Contact: Kaylie White
Mexicohelpcenter@hotmail.com
Serves disaster victims, low-income families, the elderly, Toys for Tots contributor. Provides for local food, clothing, and medical needs needing help with medical expenses, and individuals who are in need of emergency assistance.

SERVICES FOR INDEPENDENT LIVING
Services for Independent Living
1401 Hathman Place
Columbia, MO 65201
Intake and Referral:
Voice: (573) 874-1646
TTY: (573) 874-4121
Fax: (573) 874-3564
Tec Chapman - Executive Director
E-Mail: sil@silcolumbia.org
Web: http://www.silcolumbia.org
SIL serves a seven county area: Audrain, Boone, Callaway, Cooper, Howard, Montgomery and Randolph
Mexico office:
Donna Purdy, Independent Living Specialist
dpurdy@silcolumbia.org
Mexico, MO 65265
573-881-1153 cell
Serving Audrain, Montgomery and Callaway.
SIL provides four core services:
• ADVOCACY. SIL strives to enable people with disabilities to effectively exercise their rights to obtain services and benefits.
• INDEPENDENT LIVING SKILLS TRAINING. Through education and support, SIL helps consumers develop individualized independent living plans and teaches skills and techniques necessary to maintaining and increasing their level of independence.
• INFORMATION AND REFERRAL. SIL provides consumers and their families, service providers, and the community-at-large with information about and referral to community resources and disability services.
• PEER SUPPORT. SIL provides mentoring opportunities for others with similar disabilities to discuss problem-solving strategies for overcoming barriers in their lives.

SIDS RESOURCES, INC.
1120 S. 6th Street, Suite 100
St. Louis, MO 63104
314-822-2323
314-588-0850 (fax)
1-800-421-3511
Lori Behrens, Executive Director & Family Support Program Director
Email: lbehrens@sidsresources.org
Professionals trained in bereavement are available to work with families, friends, coworkers, child care providers and other professionals to offer support after the loss of a baby. The staff of SIDS Resources offer current medical information about SIDS. Services include:
- Individual Bereavement Counseling
- Peer Connections (for parents, grandparents, and childcare providers.)
- Ongoing telephone and/or email support
- Home Visits
- Lending Library
- Support Groups
- Monthly Update Newsletters

Our family support staff works with the health care provider network and volunteers to coordinate the best possible support following the death of a baby. Typically about 100 new families receive services each year. All services are provided free of charge.

SOCIAL SECURITY ADMINISTRATION
3402 Buttonwood Dr.
Columbia, MO 65201-3718
1-800-772-1213
TDD 573-443-8305
www.socialsecurity.gov

SOWJOY MINISTRIES
(SERVE OTHERS WILLINGLY BY JUST OFFERING YOURSELF)
P.O. Box 144, Mexico, MO 65265
573-581-5665
Dianne Buffington, Director
SowJoy Ministries opens wide the opportunity for Christians to give feet to their faith by “loving our neighbors as ourselves.” Change is created by nurturing a process of wholeness that goes beyond situation solutions; where hope and help are given in the reality of the present situation. This is accomplished through intentional relationships, one-on-one life style mentoring and several life skills classes offered in our Earn While You Learn/Learn to Own program. Our Mercy in Ministry (M n M) program is a broad spectrum ministry to those who are, or have been, in connection with SowJoy’s educational classes or events.

UNITED WAY 2-1-1
800-427-4626
www.211missouri.org
United Way 2-1-1 is a 24/7/365 hotline for health and human service information including food pantries, utility assistance, housing, volunteer opportunities and disaster related resources. Dial 2-1-1, toll free 800-427-4626 or get help at www.211missouri.org.

UNIVERSITY OF MISSOURI
EXTENSION CENTER OF AUDRAIN COUNTY
101 North Jefferson, Rm. 304
Mexico, MO. 65265
573-581-3231
Website: http://extension.missouri.edu/audrain/
Program Area Contacts:
- Eleanor Kloeppel, 4-H Youth Specialist – KloeppelE@missouri.edu
- James Meyer, Nutrition & Health Education Specialist – MeyerJE@missouri.edu
- Mary Sobba, Agriculture Business Specialist – SobbaM@missouri.edu
- Virgil Woolridge, Business & Industry Specialist – WoolridgeV@missouri.edu
- Kathy Dothage, Human Development Specialist – DothageM@missouri.edu
- Vivian Mason, Family Financial Education Specialist – MasonV@missouri.edu
- Julie Royse, Family Nutrition Program Coordinator – RoyseJ@missouri.edu
- Jim Jarman, Agronomy Specialist – JarmanJ@missouri.edu
- James Quinn, Horticulture Specialist – QuinnJa@missouri.edu
- Larry Dickerson, Community Development Specialist – DickersonL@missouri.edu

MU Extension programs in agriculture, community development, human environmental sciences, business development, youth development and continuing education reach more than 1 million Missourians a year. The University’s research base results in quality information and recommendations, which enhance the state’s economy and quality of life for many individuals. Extension’s partnerships with government agencies, nonprofits and businesses allow extension to leverage resources, avoid duplication of services and extend the impact.

VANDALIA HOUSING AUTHORITY
1001 South Maple Street, Vandalia, MO 63382
573-594-3712, fax – 573-594-2861
The Housing Authority of the City of Vandalia was established pursuant to the United States Housing Act of 1937, as amended, to provide decent, safe, sanitary and affordable housing to low income families. The programs administered by the PHA are Family Low-Income Public Housing and Elderly Low-Income Public Housing. The Vandalia PHA is located in Vandalia, Audrain County, State of Missouri. The Vandalia PHA currently administers 78 public housing units.

VETERAN AFFAIRS – MISSOURI VETERANS COMMISSION
Missouri Veterans Home
One Veterans Drive
Mexico, MO. 65265
573-581-1088 Ext 1258
573-581-5356
Contact: Ken Gore
gorek@mvc.state.mo.us
Through the Service to Veterans Program, accredited Veterans Service Officers (VSO) and Veterans Service Assistants (VSA) provide counseling and assistance to thousands of Veterans and their dependents throughout the state. Not only do these trained professionals counsel Veterans on available VA and state Veterans' benefits, but also complete and submit claims and applications with all necessary documentation.

VETERANS HOME - MISSOURI VETERANS HOME FOR LONG TERM CARE FOR VETERANS
One Veterans Drive
Mexico, MO. 65265
573-581-1088, Ext 1253 for information regarding admission information and process.
The Veterans Home provides skilled nursing care for veterans discharged from the service with honorable discharge and with a current medical need for care. The facility has 150 beds, with 50 of those beds dedicated to dementia care. There is a waiting list that the potential resident must apply for. Fee is based upon financial assessment of assets and included in the fee are room, meals, activities, restorative therapy, barber/beautician services, medication, all skilled nursing services and direct care with activities of daily living. The campus is located on Highway J, just north of Mexico, MO.

VETERANS HOME CARE
11861 Westline Ind. Dr., Suite 750
St. Louis, MO 63146
877-390-6377
Stephen Todd, Area Manager
www.veteranshomecare.com

The Veterans Administration has established a pension program which helps with purchases of personal care and attendant home services may be paid for through acquired pensions. You may be eligible if you are a Veteran or the surviving spouse of a Veteran who has served at least 90 days or more on active duty with one day beginning or ending during a period of war, and you are in need of assistance at HOME due to your disabilities, you may be eligible for VA’s non-service connected disability pension.

VOCATIONAL REHABILITATION
1500 Southridge Dr., Suite 200
Jefferson City, MO. 65109
Toll Free: 866-661-9106
Fax: 573-526-4474
TTY: 573-526-4513
Contact: Sheryl Toole-Bowles
Sheryl.toole-bowles@vr.dese.mo.gov
If you want to work but have a disability that keeps you from finding or keeping a job, Vocational Rehabilitation (VR) may be able to help you. VR specializes in employment and training services that can assist you in becoming employed. A VR counselor will determine your eligibility for services. To be eligible, you need to have a physical or mental impairment that causes problems with working and need VR services to be successfully employed.

WILLIAMS FAMILY SUPPORT CENTER (See Head Start – CMCA)

WOODHAVEN
1405 Hathman Place
Columbia, MO 65201
Contact: Mark Palmer, CEO
573-875-6181
The Community Living Program provides opportunities for the men and women served by Woodhaven to live independent and productive lives as active members of their community. The individuals served live in forty-five homes and apartments throughout Columbia, Missouri. Individuals who are not able to work during the day or who have retired have the opportunity to be active members of the community through Woodhaven’s Day Program. The Day Program is offered Monday...
through Friday with activities that take place in many locations in the Mid-Missouri area.

WOODLAND CENTER

Mental Health Center of Hannibal Regional Hospital
6000 Hospital Drive – Emergency Room
Hannibal, MO 63401
888-327-4747

AREA SUPPORT GROUPS

ALCOHOLICS ANONYMOUS
Location: Presbyterian Church, 400 Lakeview Road, Mexico
When: Tuesdays, Thursdays, Sundays 7 pm
Phone #: (573) 581-7499

ALZHEIMER’S SUPPORT GROUP
Where: Missouri Veteran’s Home, 920 Mars St., Mexico
When: 4th Wednesday of each month, 1:30 pm
Coordinator: Rita Davidson
Phone #: (573) 581-1088, Ext 1265, 1286

AUDRAIN CITY-COUNTY HEALTH UNIT
BREASTFEEDING SUPPORT GROUP
Location: ACCHU 605 E Promenade, Mexico
When: 2nd Saturday from 10-11am
Coordinator: Greta Hopke RD
Call 573-581-1332 to reserve a seat

BREASTFEEDING SUPPORT GROUP
Location: 4-South OB Unit
This one hour class is for mothers who are breastfeeding and those who plan to breastfeed.
The class is offered monthly to discuss benefits and techniques of breastfeeding.
This group meets on the 4-South OB Unit.
For more information call 573-582-4050.

CANCER SUPPORT GROUP
J.B. & Greeta B. Arthur Cancer Center
713 E. Jackson, Mexico, MO
When: 3rd Sunday of each month, 3 pm - 4:30 pm
Phone: 573-582-8800 or 573-581-7170
Contact: Barb Culwell

CHILDREN OF DOMESTIC VIOLENCE SUPPORT GROUP
Outreach Office – 300 S. Morris, Mexico
When: Thursdays 10am – 12noon

COMMUNITY AWARENESS GROUP
This will cover a variety of topics relevant to individuals with a disability.
Held the 4th Thursday of the month, 1 – 4 pm.
Location: 508 Muldrow
Information: Donna Purdy, 581-1949
Transportation provided on a first come, first served basis – 800-766-1968

DIABETIC SUPPORT GROUP
Held on the first Thursday of the month at Noon at AMC and 7:30 pm at Southside Christian Church.
Contact: Cheryl Lummis: (573) 582-8084

DISABILITY SUPPORT GROUP
Held the 1st and 3rd Thursday, 3- 4:30 pm
Location: 508 Muldrow
Information: Donna Purdy, 581-1949
Transportation provided on a first come, first served basis – 800-766-1968

GRIEF SUPPORT GROUP
Held on the 2nd Tuesday of each month
5:15 – 6:15 p.m.
Audrain Medical Center, Mexico Room
Coordinators: Nancy Early and Bev Borgeson
Contact Bev Borgeson at 581-6060 or Nancy Early at 581-7261 for more information.

IBD SUPPORT GROUP/CCFA
3rd Thursday, 7 – 8:30 pm
Location: Moberly Regional Hospital, Moberly, MO – Suzanne Enyeart, 660-263-8400
Inflammatory Bowel Disease Support Group Meeting
KID’S DIABETIC SUPPORT GROUP
Where: Southside Christian Church, 2100 Lakeview, Mexico
When: 1st Thursday of each month, 6:30 pm
Coordinator: Cheryl Lummis, 573-582-8084

NATIONAL ALLIANCE ON MENTAL ILLNESS
NAMI-NEMO - northeast Missouri
Learn how NAMI is helping families cope with Mental illness in your community!
WHEN: 4th Thursday at 7 p.m.
WHERE: Mexico Middle School
1200 West Blvd.
(Enter through door #10 on South Side)
Our monthly meetings include:
1. Informational Meeting: 30-45 min. – current topics presented each month (watch for announcements).
2. Break-out Sessions with NAMI trained facilitators:
   A. Family Support Meeting – family members of individuals coping with mental illness who desire to share strategies, hope and resource information.
   B. Consumer Support Meeting – consumers of mental health services meet to support each other, share experience, hope and resource information.

NAMI is the nation’s largest grassroots mental health organization dedicated to improving the lives of individuals and families affected by mental illness. Our local meetings will focus on major depression, schizophrenia, bipolar, obsessive-compulsive disorder, and anxiety-panic disorder.

NARCOTICS ANONYMOUS
Where: Presbyterian Church, 400 Lakeview, Mexico
When: Mondays at 7pm, Wednesdays at noon and at 7pm and Fridays at Noon.

S.A.F.E. TEEN BOYS PROGRAM
ACCIS Outreach Office, 300 S. Morris, Mexico
Fridays, 6:30 – 8:00 p.m.
Phone – 573-581-3835 or 800-246-2280
Contact: Kathy Yohe

S.A.F.E. TEEN GIRLS PROGRAM
ACCIS Outreach Office, 300 S. Morris, Mexico
Thursdays, 3:30 – 5:30 p.m.
- 573-581-3835, 800-246-2280
- Contact: Kathy Yohe
- When: Thursdays 10 a.m. – noon
- Phone: 573-581-3835 or 800-246-2280
- Contact: Kathy Yohe

WIDOWED PERSONS SERVICE GRIEF SUPPORT GROUP
307 West Jackson, Mexico,
Where: First Christian Church Parlor
Every Sunday at 1:30 p.m.
Coordinator: Connie Pickering
Phone – 573-581-3207
Contact: office@pickeringfh.com
(Jointly sponsored by AARP, First Christian Church and Pickering Funeral Home)

Directory of Health and Human Services
WOMEN’S DOMESTIC VIOLENCE SUPPORT GROUP
ACCIS Outreach Office
When: Thursdays 10 a.m. – noon
Phone: 573-581-3835 or 800-246-2280
Contact: Kathy Yohe

AREA PUBLIC SCHOOLS

Community R-VI Schools
Route #1
Laddonia, MO 63352
573-373-2311

Van Far R-I Schools
Vandalia, MO 63382
Elementary: 594-2731
High School: 594-6442

MEXICO PUBLIC SCHOOLS

Central Office
2101 Lakeview Road
Mexico, MO. 65265

Hawthorne Elementary School
1250 West Curtis
Mexico, MO 65265
581-3064

Mexico Middle School
1200 W. Boulevard
Mexico, MO 65265
573-581-5664

Mexico Senior High
639 N. Wade
Mexico, MO 65265

Hart Career Center
905 N. Wade St.
Mexico, MO 65265
581-5684 or 581-5685

Early Childhood Center
408 N. Jefferson
Mexico, MO 65265
581-3500

McMillan Elementary
1101 E. Anderson St.
Mexico, MO 65265
581-5029
581-2637

Eugene Field School
704 W. Boulevard
Mexico, MO 65265
581-5268

PRIVATE AND PAROCHIAL SCHOOLS

Missouri Military Academy
204 Grand
Mexico, MO 65265
573-581-1776

St. Brendan’s Catholic School
620 S. Clark
Mexico, MO 65265
573-581-2443

St. Joseph Catholic School
401 E. Kellett St.
Martinsburg, MO 65264
573-492-6283

Sunnydale Academy
6818 Audrain Road 9139
Centralia, MO 65240
573-682-9491

Directory of Health and Human Services
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OTHER SCHOOLS

Advanced Technology Center
2900 Dorelli
Mexico, MO 65265
573-582-0817

Children’s Therapy and
Early Education School, Inc. (CT School)
408 S. Missouri
Mexico, MO 65265
581-2793